

## **SPIRITUAL FRUIT ANALYSIS**

Read each of the statements and respond by selecting the number of the response which best describes you at present. Respond to each question by writing either 3, 2, 1, or 0.

- 3 means "this is definitely true in my life."
- 2 means "this is usually true in my life."
- 1 means "this is occasionally true."
- 0 means "this is never true in my life."

- \_\_\_\_\_ 1. I am secure in the certainty of God's control of the future.
- \_\_\_\_\_ 2. I am aware that Jesus willingly did God's will.
- \_\_\_\_\_ 3. I am agreeing that my faith has power only if God is trustworthy.
- \_\_\_\_\_ 4. I am waiting for God's promises to be fulfilled.
- \_\_\_\_\_ 5. I think of God as sometimes angry.
- \_\_\_\_\_ 6. I know that God's mercy, revealed by sending Jesus, spared me from deserved punishment.
- \_\_\_\_\_ 7. I am grateful that God so loved the world that He gave His Son, Jesus Christ.
- \_\_\_\_\_ 8. I know that God's presence is my joy.
- \_\_\_\_\_ 9. I am saying "no" to what God forbids and "yes" to His commands.
- \_\_\_\_\_ 10. I am accepting Jesus' promise of peace.
- \_\_\_\_\_ 11. I am willingly yielding to authorities in my life.
- \_\_\_\_\_ 12. I am believing Jesus Christ is the same yesterday, today, and forever.
- \_\_\_\_\_ 13. I accept the imperfections of others, knowing God is still at work in their lives
- \_\_\_\_\_ 14. I am under conviction by a stern but good God.
- \_\_\_\_\_ 15. I am forgiving others as Christ forgave me.
- \_\_\_\_\_ 16. I know God loves me even when I am not loving to others.
- \_\_\_\_\_ 17. I have assurance of salvation from receiving Jesus as Lord.
- \_\_\_\_\_ 18. I am learning to say "no" to lesser things in order to experience greater things for God.
- \_\_\_\_\_ 19. I have an assurance of forgiveness of sins.
- \_\_\_\_\_ 20. I am in willing submission to God's Word and the Holy Spirit.
- \_\_\_\_\_ 21. I am being reliable in fulfilling promises.
- \_\_\_\_\_ 22. I have perseverance in the face of frustration, persecution, difficult demands, and pressures.
- \_\_\_\_\_ 23. I am conducting my everyday activities in a Biblical lifestyle.
- \_\_\_\_\_ 24. I am comforting, encouraging, and counseling others.
- \_\_\_\_\_ 25. I am meeting the needs of relatives and friends unconditionally.
- \_\_\_\_\_ 26. I am growing and maturing as God intends.
- \_\_\_\_\_ 27. I am having a consistent devotional life.
- \_\_\_\_\_ 28. I have inner assurance and confidence from being right with God
- \_\_\_\_\_ 29. I am expressing cooperation, teachability, and humility.
- \_\_\_\_\_ 30. I am being dependable in an accepted responsibility.

- ☐ 31. I am waiting for God to assist me in becoming what I can be as intended by Him.
- ☐ 32. I am faithful in telling the truth, honesty, and keeping promises.
- ☐ 33. I am speaking positive words which build up others.
- ☐ 34. I am affirming the good qualities of people who "get on my nerves."
- ☐ 35. I have consistent satisfaction from doing God's will.
  
- ☐ 36. I am relating to a person or group to keep me accountable in controlling problem areas in my life.
- ☐ 37. I am at peace within by allowing the Holy Spirit to control my inner life.
- ☐ 38. I am open to suggestions from others as to where I need to improve.
- ☐ 39. I am doing well with my abilities of which I am aware.
- ☐ 40. I have postponed activities which provide immediate pleasure for purposes of future spiritual growth.
- ☐ 41. I have confronted other Christians in a caring way when their conduct is wrong by God's standards.
- ☐ 42. I am listening in order to really understand another person.
- ☐ 43. I am serving others who cannot or will not serve me.
- ☐ 44. I have great delight in a spiritual achievement.
- ☐ 45. I am acting constructively on my knowledge of control problems in my life such as money, sex, overeating, or gossip.
- ☐ 46. I have calmness within when experiencing conflict of differences with others.
- ☐ 47. I am meek in my conversation.
- ☐ 48. I am managing my time, money, and self as they are owned by God.
- ☐ 49. I am continuing to hope in God, even when I am suffering.
- ☐ 50. I am letting "my light so shine before men that they may see my good works..."
- ☐ 51. I see a need with compassion and respond to it helpfully.
- ☐ 52. I have forgiven others who have deeply hurt me.
- ☐ 53. I find joy in what God is doing in the lives of other believers.
- ☐ 54. I have an untroubled heart in the midst of this world's distress.
- ☐ 55. I am avoiding "getting even" when others do me wrong.
- ☐ 56. I can be counted on in times of distress.
- ☐ 57. I am accepting others who develop at a different pace or in a different direction.
- ☐ 58. I sign petitions against unjust practices.
- ☐ 59. I am accepting of another person considered by others to be practicing a "serious" sin.
- ☐ 60. I am praying for my enemies and those who are unloving.
- ☐ 61. I am rejoicing in completing my commitments of ministry.
- ☐ 62. I am avoiding situations where I am easily tempted or addicted.

### SCORING THE ANALYSIS

1. Transfer your answers from the "Analysis" to the blanks on the next page.
2. For example, if you answered Question 1 with a "3", then write "3" in the number 1 square.
3. After you have filled in every square, compute the totals by adding across the row.
- 4.

### APPLICATION

On the basis of the results of your Spiritual Fruit Analysis, complete the following statements:

1. Look at your lowest scores, then complete the following statement:
  - a. The analysis suggests that I need further development of the spiritual fruit of: \_\_\_\_\_
2. I am choosing one fruit to focus my prayers and attention on during the next month.
  - a. The fruit I will focus on is \_\_\_\_\_
3. In addition to prayer, I will take the following actions to aid the development of this fruit:
  - a. Check one and then complete the statement:
    - i. \_\_\_\_ I will start doing something new.
      - What will you start doing? \_\_\_\_\_
    - ii. \_\_\_\_ I will stop doing something I am now doing.
      - What will you stop doing: \_\_\_\_\_
    - iii. \_\_\_\_ I will change something in my life.
      - What specifically will you change? \_\_\_\_\_

Source: <https://onlinebibleinstitute.org/ministry-of-the-holy-spirit-harvest/>

⇒	⇒	⇒	⇒	⇒	⇒	⇒	Row Total	FRUIT
1	10	19	28	37	46	55		Peace
2	11	20	29	38	47	56		Gentleness
3	12	21	30	39	48	57		Faith
4	13	22	31	40	49	58		Long Suffering
5	14	23	32	41	50	59		Goodness
6	15	24	33	42	51	60		Meekness
7	16	25	34	43	52	61		Love
8	17	26	35	44	53	62		Joy
9	18	27	36	45	54	63		Temperance
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