



ACTION OVER COMFORT

Action over Comfort Homegroup Leadership Guide:

Icebreaker Question options: Share a time where you stepped outside of your comfort zone or share a part of your daily routine that you love. Have you ever been on a cruise ship or battleship? Share about it.

Discussion Questions:

1. What prevents you from living a life of action over comfort?
2. What are some signs that a person, group, or church has gotten comfortable?
3. In what areas are you comfortable, that God is calling you to step out of?
4. What are some of your fears of leaving your comfort?
5. What are some areas of action that you would like to get involved in church? In the community?
6. What does being a cruise ship versus being a battleship mean to you?
7. What are some things that are outside of your comfort zone?
8. What kinds of things might get you to leave your comfort zone?
9. Have you ever done something courageous— even while you were terrified? What happened?
10. If you are already outside of your “comfort zone,” what are you learning? What are some lessons that God is teaching you?
11. What is one action step you can take this week to live a life of action over comfort?
12. What are the rewards of an action driven Christian life?

The group activity:

Let's get uncomfortable!

Charades!

How to play:

Divide into two teams of roughly equal number of players.

Each team can have just two players, but it will be more fun with more players.

Teams take turns to send one player to pick a Charades Card.

Without speaking, that player must act out the word or phrase on the Charades Card while his or her teammates try to guess the correct answer within a given time.

(Usually 3 minutes, but you may vary this according to the age and skill level of your players.)

If they get it correct within the time limit, the team scores 10 points.

Play for a pre-determined number of rounds or period of time.

Link to cards to download or print out.

<https://biblegamescentral.com/wp-content/uploads/2019/03/Bible-Charades-Cards.pdf>

Big activity:

For the adventurous, find a neighbor, co-worker, or friend and invite them to church!

