



BEAUTIFULLY AUTHENTIC

Read Psalm 139 and share with each other the beautiful authenticity you see in this scripture.

Psalm 139

¹ You have searched me, LORD,
and you know me.
² You know when I sit and when I rise;
you perceive my thoughts from afar.
³ You discern my going out and my lying
down;
you are familiar with all my ways.
⁴ Before a word is on my tongue
you, LORD, know it completely.
⁵ You hem me in behind and before,
and you lay your hand upon me.
⁶ Such knowledge is too wonderful for me,
too lofty for me to attain.
⁷ Where can I go from your Spirit?
Where can I flee from your presence?
⁸ If I go up to the heavens, you are there;
if I make my bed in the depths, you are
there.
⁹ If I rise on the wings of the dawn,
if I settle on the far side of the sea,
¹⁰ even there your hand will guide me,
your right hand will hold me fast.
¹¹ If I say, "Surely the darkness will hide me
and the light become night around me,"
¹² even the darkness will not be dark to you;
the night will shine like the day,
for darkness is as light to you.
¹³ For you created my inmost being;
you knit me together in my mother's womb.

¹⁴ I praise you because I am fearfully and
wonderfully made;
your works are wonderful,
I know that full well.
¹⁵ My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of
the earth.
¹⁶ Your eyes saw my unformed body;
all the days ordained for me were written in
your book
before one of them came to be.
¹⁷ How precious to me are your
thoughts,^[a] God!
How vast is the sum of them!
¹⁸ Were I to count them,
they would outnumber the grains of sand—
when I awake, I am still with you.
¹⁹ If only you, God, would slay the wicked!
Away from me, you who are bloodthirsty!
²⁰ They speak of you with evil intent;
your adversaries misuse your name.
²¹ Do I not hate those who hate you, LORD,
and abhor those who are in rebellion
against you?
²² I have nothing but hatred for them;
I count them my enemies.
²³ Search me, God, and know my heart;
test me and know my anxious thoughts.
²⁴ See if there is any offensive way in me,
and lead me in the way everlasting.

Discussion Questions:

1. Can you think of and name one person who is beautifully authentic?
2. How can we be beautifully authentic?
3. When should we be beautifully authentic?
4. Who should we be beautifully authentic to?
5. Where should we be beautifully authentic?

[Return to Video](#)

Matthew 5:14-16

"You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

