

#AllTheFeels – Praise

This is our last month of #AllTheFeels and we are ending on the emotion of Praise. We are learning from Psalm 150 on how our praise should happen everywhere at all times!

Read Psalm 150

Watch #AllTheFeels – Praise

- What are some reasons why you praise God?
- Have you ever praised God when you did not feel like it? How did it affect your emotions?

1. We praise God in any place

Read verse 1

The psalmist is urging his audience to praise God in the sanctuary and in “the heavens”. It is so important for us to worship in the fellowship of other believers in church. It is also important that we worship alone, joining the angels in their continually praise of God. We are called to praise God in any place!

- How do you worship God when you are alone?

2. We praise God because He is worthy

Read verse 2 (ESV)

The phrase "His mighty deeds" describes the miraculous things God has done for us, and "His excellent greatness" describes His character. There are so many reasons to praise God; in how He has shown up for us and for His miraculous sacrifice of His Son, Jesus.

We praise God for who He is, because His character is behind all that He does. When we begin to understand who God is, praise is a natural response. It is not just what He does for us, but who He is, that causes us to praise Him.

- What characteristics of God mean the most to you? (go around the room and have everyone name one characteristic and explain)

3. We praise God in every possible way

Read verses 3-6

All churches and even Christians have different styles and ways of praising God, we may argue over what sounds the best or what is the best. However; we see that the psalmist is pointing out that anything can be used to praise God as long as it is all for Him.

God has created each of His children uniquely, which leads to each of us praising God uniquely.

- What are some of your favorite ways to worship God?

No matter where we are praising, why we are praising, or how we are praising we know that we were created to praise our Savior! This psalm ends letting us know that as long as we have breath in our lungs then we should continue to worship our God. Through every season of life and every circumstance that we face, He is ultimately deserving of our endless praises because He is good.

As a group, go around the room and have everyone express a reason they are praising God today. Then share any prayer requests you might have but turn them into praises because we are confident that God will show up.