

#AllTheFeels – Uncertainty

This month we are diving into Psalm 19 and discussing the emotion of Uncertainty. Uncertainty is a problem faced by all people in all walks of life and something that we deal with often throughout our lifetime. We usually look at our uncertainty as debilitating but as we study Psalm 19, you will begin to see the tools God gives us to make Christ-centered decisions.

Read Psalm 19

Watch #AllTheFeels – Uncertainty

- Do you generally find it easy or hard to make decisions?
- When have you faced the most uncertainty about your life?

1. When we are uncertain, God speaks to us through His Word

Read verses 1-6

Here the psalmist is reflecting on the creation account given to us in Genesis, knowing that creation is constantly declaring and proclaiming the greatness of God. Even when we are lost in our uncertainty, creation that was set in motion thousands of years ago is still moving and praising God.

- How does understanding that God created all things help us to trust Him with life's uncertainties?

Read verses 7-11

In these verses the author switches from the title "God" to "Lord" indicating that these verses are more personal and impact the writer on a deeper level. The psalmist is reflecting on what the Word of God is to him and how it has impacted his life.

The Scriptures are infinitely valuable and pleasurable to God's children. When we allow the Word of God to do its job in our lives, it begins to form boundaries to help us in our decision making and bring us certainty. The Bible gives us great insight on where God is leading and guiding us even when we do not hear His voice directly or clearly on a situation.

- Why is the fear of the Lord necessary for us to make wise decisions? (v.9)
- In all these verses, the psalmist reflects and delights over what the Word of God means in his life. How would you describe the Word of God in your life?

2. When we are uncertain, God speaks to us through the Holy Spirit

Read verses 12-13

The psalmists ask a very intriguing question of "who can know their own errors or blind spots?" This is seemingly impossible for us to do because we are deceived by our heart, emotions, and motives to believe that everything we do is the best. The Bible even tells us that

we can be easily deceived but the Holy Spirit cannot be deceived.

The Holy Spirit will lead us with His holy conviction into making right decisions when uncertainty attacks. This does not mean that we will make the right decision every time, but we are being led into a life of integrity.

Often times when we are faced by a decision, it is not easy to decipher if this is from God or ourselves, however; God's conviction through the Holy Spirit helps us sort through our motives and make decisions with integrity.

- When is a time you have felt the Holy Spirit's conviction in your life?
- Has the Holy Spirit ever led you into making a specific decision?

3. When we are uncertain, we should pursue the path of honoring God

Read verse 14

A life of integrity is the aligning of our inner life with our outer life.

Living a life of integrity is not always easy or popular but it will be

God's best for us. John 10:10 lets us know that the enemy has come

only to destroy us but God has come to give us life more

abundantly. That abundant life only comes when we are willing to

obey and live with integrity for Him.

In our lives we will have many decisions to make and many options to choose from and in our uncertainty, we need to seek out the path most honoring to our Father.

- When is a time you were faced with many decisions and had to choose the one most honoring to God?

It is a guarantee that we will all face decisions in this life and will all deal with uncertainty in those decisions. Psalm 19 helps remind us that even in that uncertainty we should always look for direction in His Word, seek the leading of the Holy Spirit, and choose what is most honoring to God.

God's plan for our lives is not a straight path and those decisions may not be easy but with His help those decisions can become clearer.

As a group, share with each other one decision you need to make, this can be a life-changing decision or a simple everyday choice. Then pray that each person would be able to align this decision with the Word of God.